



Sun Protection Policy

Aim of the Policy - Kids Allowed Sun Protection Policy is in place to provide guidelines for the safety and well being of the children during outdoor play and outings in the summer months.

- Sun protection cream (factor 40 as a minimum) is provided by Kids Allowed for all children attending the Centre. Parents wishing to use the cream provided must sign the appropriate section of the Parental *Declaration of Consent Form*. Parents not wishing to use the cream provided by Kids Allowed will be asked to provide their own sun cream clearly labeled with the child's name
- Sunhats to be worn by all children when playing in the sun. Kids Allowed will provide spare hats as necessary.
- Make use of the shaded areas, including trees, gazebos and sun parasols
- Drinks must be taken outdoors/on outings and made readily available. Drinks should also be offered on a frequent basis as children may not take the drinks unprompted.
- On exceptionally hot days, children should only be outside for short intervals i.e. approximately 20 minutes.
- Plan activities that keep the children cool and in the shade i.e. water play, song or story time, painting etc.
- The Studio Room can be used as an alternative for activities planned for the garden when the day is considered too hot.
- We respect the decision of any parent who does not wish their child to be outside in the garden on the days when the temperature is particularly high.

**Remember that if you are too hot it is likely to be that the children are too.
Remember if you are thirsty that the children might be too**

MOST IMPORTANT OF ALL - USE YOUR COMMON SENSE